

Days	Date	Migraine	Start time	End Time	Total time	Severity out of 10	Medication	Behind the eye side	Temple/side	Above eyebrows/side	Back of Head neck	Other Location	Comments
Sample	1-Dec	Y	7.20 PM	9.20 PM	2h	4	Tylenole, 325 mg	Left	Both	Right	Both		
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Name:

*Please only mark the location, that headache starts from

Ali Totonchi M.D.

Migraine Diagram



Patient's name:

DOB:

Instructions:

- Please add a dot to the points in the pictures, which your headache is starting from
 - please keep adding dots for total of 4 weeks, one dot for each headach
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