

## ***AFRIN for MIGRAINES***

Purchase *Afrin No Drip Nasal Spray* over the counter

Treatment for migraines which start ***behind the eyes only***

Use Afrin No Drip Nasal Spray as directed ***within 10 minutes of migraine headache start time***

Directions for use:

1. Shake well, first use prime by depressing pump several times
2. To spray, hold bottle with thumb at base and nozzle between 1<sup>st</sup> and 2<sup>nd</sup> fingers
3. Spray 2-3 times in each nostril, do not exceed 2 doses in 24 hour period
4. **Do Not** tilt head backward while spraying
5. **Do** hold opposite nostril closed while administering Afrin
6. Wipe nozzle clean after each use

**\*\*Do not use Afrin for more than one treatment for three separate migraines\*\***

<b>Migraine Behind the Eyes</b>	<b>1</b>	<b>2</b>	<b>3</b>
Date of Migraine:			
<b>Migraine Start Time:</b>			
Pain Score(1-10):			
Location (R/L/B):			
<b>Afrin Use Time:</b>			
Pain Score (1-10):			
Location (R/L/B):			
<b>Comments:</b>			

If you have any questions or concerns please contact the office of Plastic Surgery 216-778-4450

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