

## **Post Procedure Instructions**

## **Procedure: Botox Treatment**

- 1. You will have some redness at the injection sites which will clear up in a few hours.
- 2. You may have some bruising which will clear up in a few days. This can be minimized by applying pressure or ice to the area.
- 3. You may do your usual activities following botox treatments.
- 4. The effects of botox take up to 48 hours or more to appear.
- 5. Please allow up to 10 days for the full effect to become apparent.
- 6. If you are unhappy with the results a complimentary touch up is offered up to 2 weeks following your original treatment. You can schedule a touch up online at **botoxbydrlandsman.com**.
- 7. The effects of botox last approximately 3 months. Be sure to schedule your next appointment in three months online at **botoxbydrlandsman.com**.