

# LLOYD D LANDSMAN MD

plastic & cosmetic surgery ≡≡≡

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## Post Operative Instructions

### Procedure: Chin Augmentation

1. You must spend the first evening following your surgery with an adult
2. Post operative pain should be mild to moderate. If your pain should become **severe**, please contact the doctor **immediately**.
3. Keep your head elevated on two to three pillows for the first two days postoperatively.
4. Only soft foods are recommended until first post-operative visit.
5. If you should experience **significant pain or swelling, please contact the doctor immediately**.
6. Bruising after surgery is expected and should resolve within two to three weeks following surgery.
7. You may bathe on the day of surgery and on the day after
8. Keep the dressing around the chin incision clean and dry. It will be removed on the first post operative visit
9. Your first postoperative visit will be on \_\_\_\_\_.
10. If you should have any questions or have any problems, please call the office immediately at 631-864-4111, and the doctor will return your call as soon as possible. DO NOT USE EMAIL FOR EMERGENCIES.